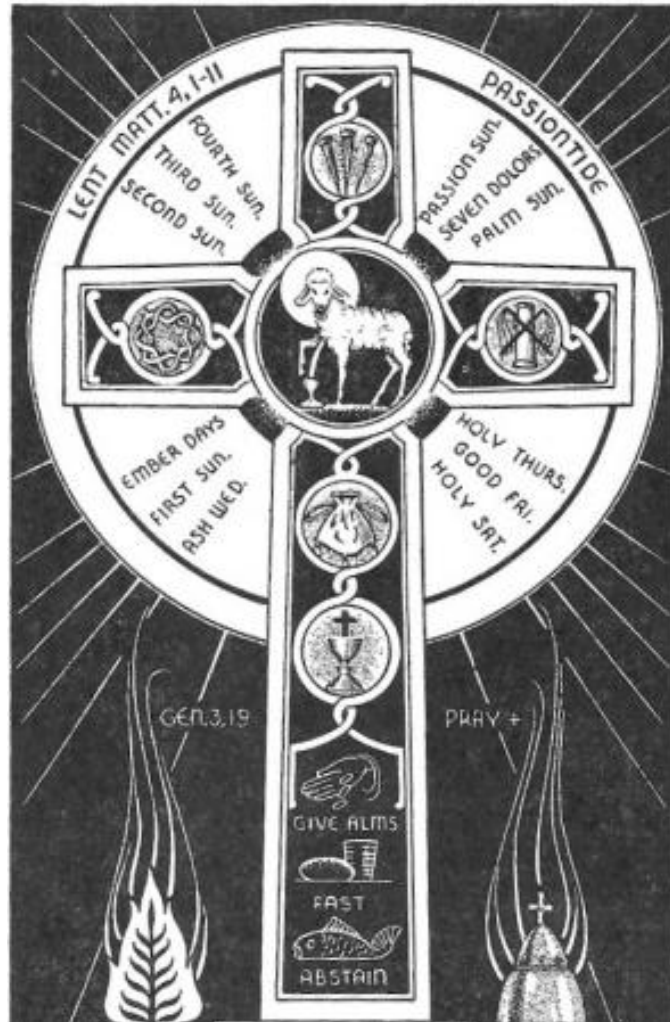


THE PARISH CHURCH OF
ST ALBAN THE MARTYR
SOUTH NORWOOD
DIOCESE OF SOUTHWARK



PARISH MASS

5TH SUNDAY OF LENT
PASSIONTIDE

22ND MARCH 2026

THE INTRODUCTORY RITES

Prayerful SILENCE is kept before Mass, then we sing,

ENTRANCE HYMN 723

We sing the praise of him who died

THE GREETING

✠ **I**N the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

The Lord be with you.
And with your spirit.

The priest offers words of welcome

PENITENTIAL ACT

I CONFESS to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
strike breast through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints, and you, my brothers and sisters,
to pray for me to the Lord our God.
May almighty God have mercy on us, forgive us our sins,
and bring us to everlasting life.
Amen.

KYRIE eleison, Kyrie eleison
Christe eleison, Christe eleison
Kyrie eleison, Kyrie eleison.

THE COLLECT

Let us pray.

BY your help, we beseech you, Lord our God, may we walk eagerly in that same charity with which, out of love for the world, your Son handed himself over to death. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.
Amen.

THE LITURGY OF THE WORD

FIRST READING

Ezekiel 37:12-14

A reading from the prophet Ezekiel.

THUS says the LORD, Behold, I will open your graves and raise you from your graves, O my people. And I will bring you into the land of Israel. And you shall know that I am the LORD, when I open your graves, and raise you from your graves, O my people. And I will put my Spirit within you, and you shall live, and I will place you in your own land. Then you shall know that I am the LORD; I have spoken, and I will do it, declares the LORD.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

Ps 130(129):1-2. 3-4. 5-6b. 6c-8. R7bc

R With the LORD there is mercy, in him is plentiful redemption

Out of the depths I cry to you,
O LORD; Lord, hear my
voice! O let your ears be attentive
to the sound of my pleadings.

R

If you, O LORD, should mark
iniquities, Lord, who could stand?
But with you is found forgiveness,
that you may be revered. **R**

I long for you, O LORD,

my soul longs for his word.

My soul awaits the Lord
more than watchmen for
daybreak. **R**

More than watchmen for
daybreak, let Israel hope for the
LORD. For with the LORD there
is mercy, in him is plentiful
redemption. It is he who will
redeem Israel from all its
iniquities. **R**

SECOND READING

Romans 8:8-11

A reading from the letter of St Paul to the Romans.

BROTHERS and Sisters: Those who are in the flesh cannot please God. You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

The word of the Lord.
Thanks be to God.

Stand to greet the gospel

GOSPEL ACCLAMATION

John 11:25a, 26

Praise to you, O Christ, king of eternal glory!

Praise to you, O Christ, king of eternal glory!

I am the resurrection and the life, says the Lord. Everyone who believes in me shall never die

Praise to you, O Christ, king of eternal glory!

THE GOSPEL

John 11:3-7, 17, 20-27, 33b-45

The Lord be with you

And with your spirit.

✠ A reading from the Holy Gospel according to John

Glory to you, O Lord.

AT that time: At that time: The sisters of Lazarus sent to Jesus, saying, 'Lord, he whom you love is ill.' But when Jesus heard it he said, 'This illness does not lead to death. It is for the glory of God, so that the Son of God may be glorified through it.' Now Jesus loved Martha and her sister and Lazarus. So, when he heard that Lazarus was ill, he stayed two days longer in the place where he was. Then after this he said to the disciples, 'Let us go to Judea again.' Now when Jesus came, he found that Lazarus had already been in the tomb four days. So when Martha heard that Jesus was coming, she went and met him, but Mary remained seated in the house. Martha said to Jesus, 'Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask from God, God will give you.' Jesus said to her, 'Your brother will rise again.' Martha said to him, 'I know that he will rise again in the resurrection on the last day.' Jesus said to her, 'I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, and everyone who lives and believes in me shall never die. Do you believe this?' She said to him, 'Yes, Lord; I believe that you are the Christ, the Son of God, who is coming into the world.' Jesus was deeply moved in his spirit and greatly troubled. And he said 'Where have you laid him?' They said to him, 'Lord, come and see.' Jesus wept. So the Jews said, 'See how he loved him!' But some of them said, 'Could not he who opened the eyes of the blind man also have kept this man from dying?' Then Jesus, deeply moved again, came to the tomb. It was a cave, and a stone lay against it. Jesus said, 'Take away the stone.' Martha, the sister of the dead man, said to

him, 'Lord, by this time there will be a smell, for he has been dead four days.' Jesus said to her, 'Did I not tell you that if you believed you would see the glory of God?' So they took away the stone. And Jesus lifted up his eyes and said, 'Father, I thank you that you have heard me. I knew that you always hear me, but I said this on account of the people standing around, that they may believe that you sent me.' When he had said these things, he cried out with a loud voice, 'Lazarus, come out.' The man who had died came out, his hands and feet bound with linen strips, and his face wrapped with a cloth. Jesus said to them, 'Unbind him, and let him go.' Many of the Jews therefore, who had come with Mary and had seen what he did, believed in him.

The Gospel of the Lord
Praise to you, Lord Jesus Christ.

Sit for

THE SERMON

Stand for

THE CREED

**I BELIEVE in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father; through him all things were made.
For us men and for our salvation he came down from heaven,**

Bow **and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried, and rose again on the third day
in accordance with the Scriptures. He ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.**

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

THE PRAYER OF THE FAITHFUL

Lord in your mercy.

Hear our prayer.

✠ Rest eternal grant unto them, O Lord.

And may light perpetual shine upon them.

HAIL MARY, full of grace, the Lord is with thee;
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death.

THE LITURGY OF THE EUCHARIST

During which a collection will be taken

OFFERTORY HYMN

THERE in God's garden stands the Tree of wisdom,
Whose leaves hold forth the healing of the nations.
Tree of all knowledge, Tree of all compassion,
Tree of all beauty.

2 Its name is Jesus, name that says, 'Our Saviour!'
There on its branches see the scars of suffering;
See where the tendrils of our human selfhood
Feed on its life-blood.

3 Thorns not its own are tangled in its foliage;
Our greed has starved it; our despite has choked it.
Yet look, it lives! Its grief has not destroyed it,
Nor fire consumed it.

4 See how its branches reach to us in welcome;
Hear what the voice says, 'Come to me, ye weary!
Give me your sickness, give me all your sorrow.
I will give blessing.'

5 This is my ending; this my resurrection;
Into your hands, Lord, I commit my spirit.
This have I searched for; now I can possess it.
This ground is holy!

6 All heaven is singing, 'Thanks to Christ, whose Passion
Offers in mercy healing, strength and pardon.
All men and nations, take it, take it freely!'
Amen! My Master!

Diva Servatrix

Stand when the thurifer incenses the congregation.

PRAY, brothers and sisters, that my sacrifice and yours
may be acceptable to God, the almighty Father.
May the Lord accept the sacrifice at your hands for the praise and
glory of his name, for our good, and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

HEAR us, almighty God, and, having instilled in your servants the teachings
of the Christian faith, graciously purify them by the working of this
sacrifice. Through Christ our Lord.
Amen.

The Lord be with you.
And with your spirit.
Lift up your hearts.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

The Priest continues with the Preface, at the end we sing

SANCTUS – BENEDICTUS

HOLY, holy, holy, holy Lord, God of power and might.
Holy, holy, holy Lord, God of power and might.
Heaven and earth are full, full of your glory,
Hosanna in the highest, hosanna in the highest

Blessed is he who comes
in the name of the Lord.
Hosanna in the highest, hosanna in the highest.

All kneel

THE EUCHARISTIC PRAYER

After the consecration and elevation of the Host and the Chalice:

The mystery of faith.

WHEN we eat and drink this cup we proclaim your glory until you
come again, O Lord, you come again in glory!

The priest resumes the prayer. At the end all sing:

AMEN.

Stand

THE COMMUNION RITE

THE LORD'S PRAYER

At the Saviour's command and formed by divine teaching, we dare to say:

OUR FATHER, who art in heaven, hallowed be thy name;
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days, that, by the help of your mercy,
we may be always free from sin and safe from all distress,
as we await the blessed hope and the coming of our Saviour, Jesus Christ.
For the kingdom, the power and the glory are yours now and for ever.

Lord Jesus Christ, who said to your Apostles: Peace I leave you,
my peace I give you, look not on our sins, but on the faith of your Church,
and graciously grant her peace and unity in accordance with your will
Who live and reign for ever and ever.
Amen.

The peace of the Lord be with you always.
And with your spirit.
Let us offer each other the sign of peace.

Everyone is welcome to make a sign of peace.

LAMB of God, you take away the sins of the world:
Lamb of God, you take away the sins of the world:
 Miserere nobis, Miserere nobis.
 Lamb of God, O Lamb of God,
 Dona nobis pacem.

Kneel

INVITATION TO COMMUNION

✠ **B**EHOLD the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.
**Lord, I am not worthy that you should enter under my roof,
 but only say the word and my soul shall be healed.**

COMMUNION

All those who usually receive Communion in their own Church, are welcome to receive Holy Communion here. We hope others will receive a blessing – please indicate this by bowing your head.

COMMUNION HYMN 151

Drop, drop slow tears

OPTIONAL COMMUNION HYMN 412

Lord, Jesus think on me

PRAYER AFTER COMMUNION

Stand for

Let us pray.

WE pray, almighty God, that we may always be counted among the members of Christ, in whose Body and Blood we have communion.
 Who lives and reigns for ever and ever.
Amen.

NOTICES

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

BLESS, O Lord, your people, who long for the gift of your mercy, and grant that what, at your prompting, they desire they may receive by your generous gift. Through Christ our Lord.
Amen.

May almighty God bless you ✠ the Father, and the Son, and the Holy Spirit.
Amen.

The Mass is ended. Go in the peace of Christ.
Thanks be to God.

AVE REGINA CAELORUM

Facing the statue of Our Lady we sing,

HAIL, O Queen of heav'n enthron'd!
Hail, by angels mistress own'd,
Root of Jesse! Gate of morn!
Whence the world's true light was born.

Glorious Virgin, joy to thee,
Loveliest whom in heaven they see.
Fairest thou where all are fair!
Plead with Christ our sins to spare.

Reject not my praise, Virgin all holy.
Strengthen me to resist all thy enemies.

GRANT us, O merciful God, protection in our weakness:
that we who celebrate the memory of the holy Mother of God,
may, through the aid of her intercession, rise again from our sins.
Through the same Christ our Lord.
Amen.

FINAL HYMN

*Lift high the cross, the love of Christ proclaim
till all the world adore his sacred name.*

COME, Christians, follow where the Master trod,
Our King victorious, Christ the Son of God.

- 2 Led on their way by this triumphant sign,
The hosts of God in conquering ranks combine.
- 3 Each newborn servant of the Crucified
Bears on the brow the seal of him who died.

4 **O Lord, once lifted on the glorious tree,
Your death has brought us life eternally.**

5 **So shall our song of triumph ever be:
Praise to the Crucified for victory!**

Crucifer

Prayerful SILENCE is kept after Mass.

PALM SUNDAY 10AM

PROCESSION OF PALMS
& PARISH MASS

MAUNDY THURSDAY 8PM

MASS OF THE LAST SUPPER
& WATCH UNTIL MIDNIGHT

GOOD FRIDAY 3PM

LITURGY OF THE PASSION

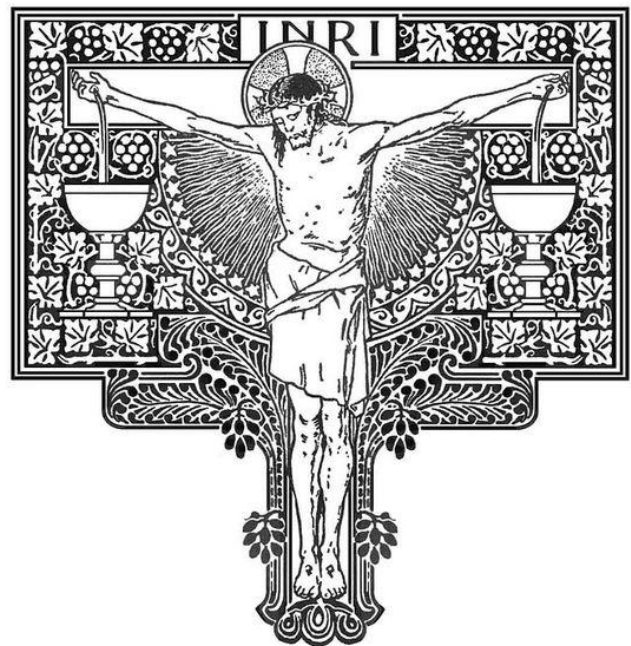
HOLY SATURDAY 8PM

LIGHTING OF THE EASTER FIRE, VIGIL
& FIRST MASS OF EASTER

EASTER SUNDAY 10AM

PARISH MASS
WITH EASTER EGG HUNT

THIS IS HOLY WEEK



NOTICES

National Pilgrimage

Booking forms are available for the National. £35 per person. Please complete your forms ASAP. Due to rising costs and dwindling grants, this year's day pilgrimage visit may well be our last as a group.

Flowers for Easter

Please do make a contribution towards the flowers for Holy Week, so the church looks bright and beautiful for Easter.

Church Clean 28 March

Please can you help us clean the church in preparation for Easter. From 9.30am

PALM SUNDAY 29 March

Begins in the church hall car park at 10am. Stewards meeting 9.30am in the hall.

Chrism Mass, Tuesday 31 March Make your own way to St Andrew's, Holborn for the Chrism Mass at 11am. There is easy access by train, do see Jenny if you need help with travel details. The Holy Oils will be consecrated for a new year.

MAUNDY THURSDAY 8pm volunteers to have their foot washed, please.

GOOD FRIDAY 3pm Day of Fasting- 2 small meals and 1 large- no meat.
10am Stations of the Cross. The Walk of Witness 11.45am begins at the Job Centre.

HOLY SATURDAY 9.30am Clean, decorate, flower arrange, and generally get the church ready for Easter. **8pm Vigil of Easter** begins in the church hall car park for blessing the Easter fire.

EASTER SUNDAY 10am Mass of the Resurrection followed by Easter egg hunt in church after the parish mass, with fizz at the back of church.

Quiz Night Friday 24th April 8pm in the hall

Raising much needed funds for church. Please register your team on the sheet at the back of church. £5 per person.

FOR YOUR PRAYERS

For those who have asked for our prayers

Beryl Wint, Brenda Shand, Roger Cordier, Paul, Mary, Heath Banda, Justin Henry, Roxanne James

Recently Departed

Marji Holdsworth, Trevor Day, *priest*, Norman Cameron

Anniversaries of death

22nd Victoria Okundaye **23rd** George Read, Ellen Arnold **24th** Roger James Cox
25th Florence Wallett **26th** Alice Budd, Sarah Atkins, George Martin Copping,
William Henry Thomas, Johnson Mateku **27th** Alice Bates, Thomas Jordan
28th Harry Wyatt, Dick Nkiwane

THIS WEEK AT ST ALBAN'S

Morning Prayer 9am & Evening Prayer 4.30pm

Psalter week 1

5th SUNDAY OF LENT	8am	BCP MASS
	9am	Morning Prayer
	10am	PARISH MASS & Children's Church
	11.15am	Lent Course & Soup Lunch
Monday 23 March Feria of Lent	9am	Holy Hour
	10am	MASS
Tuesday 24 March Feria of Lent	9.30am	Toddler Tuesday
Wednesday 25 March ANNUNCIATION	9am	Holy Hour
	10am	MASS
	11am	Foodbank
Thursday 26 March Feria of Lent	9am	Holy Hour
	10am	MASS
	11am	Community Hub & Coffee
Friday 27 March Feria of Lent	9am	Holy Hour
	10am	ROSARY
Saturday 28 March Feria of Lent	09.30am	Church Clean
	12noon	STATIONS OF THE CROSS
	12.30pm	FoodCycle
PALM SUNDAY <i>Meet at the Church Hall Car Park</i>	8am	MASS
	9am	Morning Prayer
	10am	BLESSING & PROCESSION OF PALMS & PARISH MASS
<i>The Church is open daily</i> <i>Services in bold are livestreamed</i>		

HOLY WEEK 2026		<i>Services in bold are livestreamed</i> Morning Prayer 9am Evening Prayer 4.30pm
SUNDAY 29 MARCH PALM SUNDAY <i>Meet at the Church Hall Car Park</i>	8am	MASS
	9am	Morning Prayer
	10am	BLESSING & PROCESSION OF PALMS & PARISH MASS
Monday 30 March Monday in Holy Week	10am	SAID MASS & HOMILY
	8pm	Zoom Compline (night prayer)
Tuesday 31 March Tuesday in Holy Week	11am	CHRISM MASS with our Bishop Fulham <i>at St Andrew, Holborn</i>
	8pm	Zoom Compline (night prayer)
Wednesday 1 April Wednesday of Holy Week	10am	SAID MASS & HOMILY
	11am	Foodbank
	8pm	Zoom Compline (night prayer)
MAUNDY THURSDAY	8pm	SOLEMN MASS OF THE LORD'S SUPPER & WATCH
GOOD FRIDAY	10am	STATIONS OF THE CROSS
	11.45am	Walk of Witness <i>meet at the Job Centre</i>
	3pm	LITURGY OF THE LORDS PASSION
HOLY SATURDAY <i>Meet at the Church Hall Car Park</i>	9.30am	Decorate & Prepare the Church
	8pm	VIGIL OF EASTER
EASTER SUNDAY	8am	MASS
	10am	PARISH MASS FOLLOWED BY EASTER EGG HUNT